

Renderings



EDINA

Backyard Fitness



A backyard Pilates studio is a space to work out, meditate and escape the daily grind – without the commute.

The homeowner discovered Pilates in 2014 to help with recovery after a surgery. She fell in love with the full body strength-building workout and practiced it regularly for years. When the Covid pandemic closed gyms in 2020, she missed her Pilates workout and looked into purchasing equipment for her own home.

One discussion lead to another, and the family decided to move ahead with construction of a backyard outbuilding they'd been contemplating – a multi-purpose space that would be used as half-storage shed and half-exercise/Pilates studio.



The backyard building houses a fully-equipped Pilates studio and fitness area

Contact Us Today for a Complimentary Remodeling Consultation!

(952) 888-2225 | www.plekkenpol.com



Plekkenpol Remodeling
BUILDERS, INC

401 East 78th Street, Bloomington | 952.888.2225 | www.plekkenpol.com

Learn More:



Backyard Fitness

A Shifting Plan

As the project progressed, the structure's focus began to change – the shed portion became smaller, and the studio portion became bigger. The owner had purchased more specialty fitness equipment. She had also started to think about sharing her passion for Pilates with others through one-on-one training, and needed a larger studio to comfortably accommodate more than one person.



A wall of mirrors and custom storage make the most of the structure's studio space

Storage Shed

Though the storage area is smaller than originally planned, there is still plenty of room for garden tools, lawn equipment and supplies.

The shed can be accessed via a full-size automatic garage door, as well as through a door from the fitness studio. The building is fully heated and air conditioned for year-round comfort.



The studio contains a full bathroom with shower

Doorway to storage shed

Garden supplies/storage



A Nearby Escape

The studio space is large enough to accommodate additional activities such as yoga, weight training, mat exercise and meditation. When the studio portion became bigger, a full bathroom with a luxury walk-in shower was added to the plan.

Skipping the drive time to the gym allows the owner to maximize her time in the studio, giving her the opportunity to fully escape, relax and prioritize her health.

Photos by Brandon Rowell

A luxury shower helps cool off after a workout





Ryan LaGow

Congratulations!

Ryan LaGow
and **Reno Lindell**

Please join us in congratulating **Ryan LaGow**, who was recently promoted to Lead Production Supervisor, and **Reno Lindell**, who was promoted to Assistant Lead Production Supervisor!

Ryan and Reno were promoted due to their hard work, dedication, leadership skills and knowledge of all aspects of building and remodeling.

Together, they have a combined **50 years of experience** working at Plekkenpol Builders!

We are happy to have Ryan and Reno in leadership positions. Congratulate them the next time you see them!



Reno Lindell

Toys for Tots



We are a 2023 Toy Drop-Off Site!

Plekkenpol Builders will once again serve as an official drop-off site for Toys for Tots Twin Cities. **We will be collecting new, unwrapped toys at our office from November 13–December 15.**

2023 will mark our 20th year participating in Toys for Tots! Toy collection has become an annual tradition for us, and each year we are amazed by the generosity of our employees, customers, neighbors and community.

This holiday season, please consider dropping off a toy for a child in need. All toys are distributed locally. Happy holidays!

Nextdoor "Neighborhood Fave"



Plekkenpol Builders Voted a 2023 Local Business Favorite

Plekkenpol Builders has been named a 2023 Nextdoor "Neighborhood Fave," the annual awards where neighbors vote to celebrate their favorite local businesses.

Used by one in three households in the U.S., Nextdoor is the neighborhood network where verified neighbors connect to the businesses that matter to them. This prestigious recognition is only awarded to 1% of the local businesses on Nextdoor and is a testament to their positive impact on their community.

Plekkenpol Builders is proud to have achieved this award for the third consecutive year, and we'd like to thank everyone who voted for us!

Fall Remodelers Showcase®

Thank You for Stopping Out!

We would like to thank everyone who toured our colorful kitchen and main level remodel in Minnetonka during the 2023 Fall Parade of Homes Remodelers Showcase!



Fall Showcase Home R22



Vibrant & Open Main Level Remodel

The weekend weather went from rainstorms to record October heat, but that didn't keep people away. Our visitors loved the dramatic transformation, open floor plan and detailed workmanship.

We enjoyed speaking with everyone who stopped by! If you missed the Showcase, photos of this home, as well as past Showcases, can be viewed on our website at plekkenpol.com/gallery/showcase.



Better Business Bureau Milestone

Plekkenpol Builders Celebrates 35 Years as a BBB Accredited Business

On September 20, Plekkenpol Builders was recognized for 35 years as a Better Business Bureau Accredited Business. The award ceremony took place at the BBB Annual Meeting at Target Field.



BBB accreditation provides a reliable mark of trust and credibility for customers. To receive accreditation, businesses must fulfill a set of standards which include building trust, advertising honestly, telling the truth, being transparent, honoring promises, being responsive, safeguarding privacy and embodying integrity.

Plekkenpol Builders is proud of our long-standing partnership with the BBB and our commitment to serving our customers, community and industry with honesty and integrity.



35 Year Milestone Award



BBB Annual Meeting at Target Field

Remodeling

Plekkenpol
BUILDERS, INC

401 East 78th Street
Bloomington, MN 55420
(952) 888-2225
www.plekkenpol.com

Inside:



- **Backyard Fitness**
A backyard Pilates studio is a space to get in shape without the commute
- **In the News**
Fall Showcase wrap-up, Toys for Tots and more!
- **Remodel in Winter?**
Seasonal advantages make winter a great time to remodel!



Be the first to hear about promotions and events—Like Us on Facebook!

Licensed & Insured | MN Lic BC001797



Remodel in Winter?



Yes! Seasonal Advantages make Winter a Very Desirable Time to Remodel

Many homeowners are unaware that nearly any remodeling project can be completed in the winter with little or no additional expense or time delays. Homeowners often have the same general questions regarding winter remodeling projects:

Is it possible to dig basements and footings during the winter?

Using modern equipment and techniques, we can generally dig footings and build foundations year round. There are actually advantages to building when the ground is frozen. Because the ground is hard, there is less damage to lawns and driveways

from heavy equipment, delivery trucks and storage of materials.

Am I going to spend a lot on heating bills during projects that involve opening the roof or exterior walls?

Although some heat loss can be expected during winter construction, no opening is left exposed for more than a few minutes. No more heat would be lost than if you were carrying in the groceries. New additions are weather tight and insulated before the opening is made to your existing home. The precautions we have to take to protect the home during a snowfall

are actually minimal compared to the necessary protection against rainfall.

Will winter construction cost more than if I waited until spring?

Construction demand is down in the winter. Consequently suppliers' and subcontractors' prices generally remain stable or even decrease, and usually rise in the spring when demand is at its peak.

Does winter construction take longer?

Subcontractors and suppliers are normally not as busy during the winter, affording faster service and shorter lead times.